# **GET READY FOR BADGER STATE**

Thank you for choosing the Badger State Lacrosse Camp. Our enthusiastic and experienced coaching staff looks forward to teaching you the fundamentals and points of lacrosse so you can take your game to the next level. The enclosed information should answer your questions and help make the camp run as smoothly as possible.

### **UNIVERSITY OF WI,** WHITEWATER JULY 21-25, 2019

BADGERSTATELAX.COM TEL: 847-412-5529 FAX: 847-410-3926

### **COACH JASON ALBERICI** 404-402-8695

### **CAMP QUESTIONS** INFO@BADGERSTATELAX.COM





Like the Badger State Camp on Facebook and follow us on Twitter, we will be posting updates and pictures daily.



### GOALIE. FACE-OFF. & SHOOTING MINI CAMP CHECK IN

Campers will check in 10:30am-1:00pm on Sunday, July 21 between Weller and Tutt Halls and have two sessions on Sunday, followed by a Monday morning session, and a provided lunch. The first provided meal will be dinner on Sunday evening. Players will then check in to the main camp, see below.

#### MAIN CAMP CHECK IN

- Monday, July 22, 9:30-12:30pm
- Located between Weller and Tutt Halls
- · All medical forms and payment required at this time to allow play
- Campers will receive room assignments and key, then check into room
- All checks payable to Lacrosse America
- If you will be checking in late please email info@BadgerStateLax.com

### **MONDAY SCHEDULE**

9:30-10:45am High School Camp Check-In 10:30-12:30pm Youth Camp Check-In 11:00-1:00pm HS Recruiting Seminar 1:30pm Orientation Meeting 2:00pm First Session 4:00pm Free Time

5:00pm Dinner (First Camp Meal)

6:30-8:30pm Evening Session 9:00pm Camp Store/Free Time

10:00pm Campers in Rooms

\*Schedule subject to change

### **TUES-WED SCHEDULE**

7:15am Wake Up 7:30am Breakfast

8:30am Morning Attendance

9:00-11:15am Morning Session

12:00pm Lunch & Free Time 1:30-3:45pm Afternoon Session

4:00pm Swimming/Free Time

5:00pm Dinner

6:30-8:30pm Evening Session/Games 9:00pm Camp Store/Free Time

10:00pm Campers in Rooms

### CHECK OUT

- Thursday, July 25, 12:00-1:00pm
- · Located Between Weller and Tutt hall
- We will be playing games Thursday morning, feel free to come watch

### **REQUIRED WAIVER FORM:**

**IN CASE OF EMERGENCY:** 

A medical/waiver form is enclosed for players who registered over the phone, online, or didn't complete the back of their registration form. You MUST this out and bring it to registration or you will not be able to play.

For emergencies call Jason Alberici 404-402-8695, if unable to contact him contact Campus Safety (24 hours a day) 262-472-4660. Give your son's name, camp he is attending and the Campus security will get a message to a coach - Please only use in an emergency.

# **GET READY FOR BADGER STATE**











### **DIRECTIONS** 800 W. MAIN STREET WHITEWATER, WISCONSIN

### From Chicago, 2 hours 10 minutes

Take I-90W to Exit 171A (Janesville/Milton). Continue Hwy. 26N toward Milton. At first stop light, turn right onto Hwy. 59E toward Whitewater. Turn left onto Main St. Turn right onto Prairie St. Keep going straight on Prairie at the stop sign for Starin Rd. You will pass Tutt Hall on your right, proceed into the large parking lot ahead on your right at the corner of Prairie and Lauderdale. Wellers and Tutt are the two dorms closest to the parking lot on the corner.

### From Madison, 1 hour

I-90E to Exit 163 (Milton/Edgerton exit). Take Hwy. 59E and turn left onto County Hwy. N toward Whitewater. Turn left at Indian Mound Parkway, then right onto Hwy. 12 (Main St.) Turn left at stoplight onto Prairie St. Keep going straight on Prairie at the stop sign for Starin Rd. You will pass Tutt Hall on your right, proceed into the large parking lot ahead on your right at the corner of Prairie and Lauderdale. Wellers and Tutt are the two dorms closest to the parking lot on the corner.

### From Milwaukee, 1 hour

Take I-43. At East Troy, take Hwy. 20W, then Hwy 12W toward Whitewater. Continue on Hwy 12 (Main St.). Turn right at stoplight onto Prairie St. Keep going straight on Prairie at the stop sign for Starin Rd. You will pass Tutt Hall on your right, proceed into the large parking lot ahead on your right at the corner of Prairie and Lauderdale. Wellers and Tutt are the two dorms closest to the parking lot on the corner.

IT IS NOT TOO LATE TO INVITE A TEAMMATE OR FRIEND TO JOIN YOU AT BADGER STATE CAMP: HAVE THEM REGISTER AT WWW.BADGERSTATELAX.COM TODAY!

## **PACKING FOR BADGER STATE**

### REQUIRED EQUIPMENT

- o Lacrosse Stick(s)
- o Lacrosse Helmet
- o Lacrosse Gloves
- o Arm & Shoulder Pads
- o Mouthguard(s)
- o One Pair Cleats
- o Athletic Supporter & Cup
- o At Least 9 Pairs Athletic Socks
- o At Least 5 Pairs Athletic Shorts
- o Athletic Shoes
- o Goalies: Chest Protector

### **PACKING LIST**

- o Sleeping Bag or Sheets/Blanket
- o Pillow
- o Casual Shoes
- o At Least 6 Pairs of Casual Socks
- o Sweatshirt
- o T-Shirts
- o Towel/Washcloth
- o Sun Screen & Bug Spray

- o Soap/Shampoo
- o Toothbrush, etc.
- o Personal Spending Money \$60 Recommended
- o Swim Suit Required to Swim
- Portable Battery or Plug-In Fan with Extension Cord (There is no Air Conditioning)

### RESTRICTIONS

o No hot plates or cooking of any kind is allowed in the rooms

### **CAMP WAIVER FORM**

(Must be returned on the first day of camp)

Player NameAddress Phone Birthdate	<del></del>	
Mother's Name Father's Name Doctor's Name List any special health concerns, such as ph	Work/Cell Number Work/Cell Number Phone ysical limitations, allergies, etc.	
Insurance Co Group Number		

Permission is hereby granted to the attending physician to proceed with any medical or minor surgical treatments, x-ray examinations and immunizations for the above named player. In the event of an emergency arising out of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the attending physician to contact me in the most expeditious way possible. If said physician is not able to communicate with me, the treatment necessary for the best interest of the above named player may be given. Permission is also granted to the Certified Athletic Trainer to provide the needed emergency treatment prior to the player's admissions to the medical facilities.

Parent/Guardian Signature	Date
---------------------------	------

WAIVER OF LIABILITY: In signing this application, I/my parent or guardian, release SMP Holdings LLC any other associated parties, including but not limited to coaches, umpires, employees, and independent contractors from any claims or responsibility for injuries suffered while participating in the Camp. I understand that lacrosse is an inherently dangerous sport with a risk for severe injury or even death, and I knowingly assume all risks associated with my participation, even if arising from the negligence of the participants or others, and assume FULL responsibility for my participation. I certify that I am in good physical condition and can participate in The SMP Holdings LLC Camp. Further, I authorize the site director to request medical treatment as necessary to insure my well being.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_